



केन्द्रीय माध्यमिक शिक्षा बोर्ड
(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)
CENTRAL BOARD OF SECONDARY EDUCATION
(An Autonomous Organisation under the Ministry of Education, Govt. of India)

CBSE/DIR./SE&T/YOGA/2021


06.09.2021

NOTIFICATION

Sub: Launching of Student Handbook for Yoga (Skill Subject) for Class XI & XII and Capacity Building program for Teacher

National Education Policy 2020 (NEP) has brought about a monumental change in our education system. Health and education are strongly interconnected. Healthy individuals are more likely to have better education outcomes. **Yoga** is a perfect addition to school curriculum as it can help children to keep their minds calm and grow holistically by establishing healthy habits at an early age, and maintain a healthy body with a sound mind.

CBSE under the careful guidance of Ministry of Education shall be organizing the launch of textbook for Yoga (Skill Subject) for Class XI & XII for the teaching 'Yoga' in **collaboration with Beauty and Wellness Sector Skill Council** as per the details mentioned below:

TOPIC	DATE & TIMINGS	LINK FOR REGISTRATION
Online Capacity Building Programme for Teachers on 'Yoga'	21 st September 2021 (Tuesday) 10.30 AM to 12.30 PM	https://forms.gle/BzedMzSB3PSZwuQq7 

Please note that:

- There is no fee for attending the programme
- The School offering the Skill Subject 'Yoga' in classes XI & XII must nominate their teachers for this programme. However teachers from other schools can also participate.
- The invitation link for the webinar shall be emailed to the selected teachers on the email ID provided at the time of registration.

For more queries and feedback, the schools may contact **Deputy Secretary, Department of Skill Education, CBSE** at dskd.cbse@gmail.com

Biswajit Saha

Dr Biswajit Saha
Director (Skill Education and Training)



'शिक्षा सदन', 17, राऊज एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002
'ShikshaSadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, Delhi-110016.
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida 201309.
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
7. The Director of Education, Govt. of Andaman & Nicobar Islands, Port Blair - 744101
8. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
9. The Additional Director General of Army Education, A–Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
10. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
11. DS to Chairman, CBSE - for kind information of the Chairman, CBSE
12. All the Heads of Department of the Board.
13. All the Regional Directors/Regional Officers/Head-COEs, CBSE with the request to send this
14. Circular to all the Heads of the affiliated schools of the Board in their respective regions for compliance.
15. Head (Media & Public Relations), CBSE
16. Assistant Secretary (IT), CBSE, Rouse Avenue with the request to upload this notification on the CBSE Academic website

Director (Skill Education and Training)



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